



# Women on Weights

**Begins Monday, January 2<sup>nd</sup>, 2012  
and Tuesday, January 3<sup>rd</sup>, 2012**

**One registration form per person, make copies as needed**

<b>Sessions 1 &amp; 2, 12 classes</b>	<b>Yearly Member</b>	<b>One Month or Non-Member</b>
# 1, Mon / Wed at 6:00 am & 5:45 am	\$16.05	\$57.78
# 2, Mon / Wed at 5:00 pm	\$16.05	\$57.78
<b>Session 3, 5 classes</b>		
# 3, Tue Only at 7:15 pm	\$6.69	\$24.08

**Session Choice:** \_\_\_\_\_

**Amount Paid:** \_\_\_\_\_

For more information or questions call: 875-2727

Fill out and return with payment to:

Total Fitness  
1110 16th Ave Ct SE  
Dyersville IA 52040

Name (please print): \_\_\_\_\_

Email: \_\_\_\_\_ (for mailing list only, we do not give out addresses)

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Must return form with payment. (No phone-ins please)**

I hereby agree to participate in the WOW program and understand that the Total Fitness Rec Center and its employees will not be responsible for any accidents or injuries.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**For Office Use Only:** Date: \_\_\_\_\_ Amount: \_\_\_\_\_ Check number/cash: \_\_\_\_\_ Staff initials: \_\_\_\_\_