



Women on Weights

Six Weeks, Begins Monday, February 23rd

One registration form per person, make copies as needed

CIRCLE ONE

Session	Yearly Member	One Month or Non-Member
Session 1, Mon/Wed 6:00 am	\$16.05	\$51.36
Session 2, Mon/Wed 4:30 pm	\$16.05	\$51.36
Session 3, Tue only 7:15 pm	\$8.03	\$25.68

For more information or questions call: 875-2727

Fill out and return with payment to: Total Fitness 1110 16th Ave Ct SE Dyersville IA 52040

Name (please print): _____

Email: _____ (for mailing list only, we do not give out addresses)

Address: _____ City, State, Zip: _____

Home Phone: _____ Work Phone: _____

CIRCLE CLASS CHOICE.

The first 15 paid registrations we receive will get their first choice.

Session One ___
6:00 to 7:00 a.m.
Begins Mon. Feb. 23

Session Two ___
4:30 to 5:30 p.m.
Begins Mon. Feb. 23

Session Three ___
7:15 to 8:15 p.m.
Begins Tues Feb. 24

Must return form with payment. (No phone-ins please)

I hereby agree to participate in the WOW program and understand that the Total Fitness Rec Center and its employees will not be responsible for any accidents or injuries.

Signature _____ Date _____

For Office Use Only: Date: _____ Amount: _____ Check number/cash: _____ Staff initials: _____